

MUĞLA SITKI KOÇMAN UNIVERSITY
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
CLINICAL/FIELD/LABORATORY PRACTICE
DRESS CODE GUIDELINES

Purpose and Basis

Article 1 – (1) These Guidelines aim to establish the dress code principles to be followed by students of the Department of Nursing, Faculty of Health Sciences, Muğla Sıtkı Koçman University during laboratory, clinical, and field practice.

Article 1 – (2) These Guidelines are based on Article 10(F) of the Muğla Sıtkı Koçman University Directive on Applied Education and Decision No. 220 of the Department Board of the Department of Nursing, Faculty of Health Sciences, dated April 29, 2026.

Principles

Article 2 – Students of the Department of Nursing, Faculty of Health Sciences, Muğla Sıtkı Koçman University are required to comply with the following principles during laboratory, clinical, and field practice:

(1) Students' overall appearance must be consistent with the integrity and professional standards of the uniform.

(2) A long-sleeved white laboratory coat must be worn during laboratory practice.

(3) During clinical practice, the student uniform consists of two pieces: trousers and a top:

a) The uniform top must be made of white fabric, fit the student appropriately, have short batwing sleeves and a V-neck, and include three pockets—two at the lower front and one on the left chest. The lower sides of the top must have side slits.

b) The uniform trousers must be made of navy-blue fabric, fit the student appropriately, have an elastic waistband, and include three pockets—two at the sides and one at the back. The trousers must have a classic straight-leg cut.

(4) During practice conducted in winter, a long-sleeved laboratory coat or a plain, hoodless, open-front jacket in white, navy blue, or black may be worn over the uniform. Long-sleeved T-shirts, undershirts, underwear, or similar garments in colors other than white must not be visible beneath the uniform.

(5) Students who wear a headscarf must wear a white or navy-blue headscarf arranged in a manner that does not interfere with nursing care procedures and does not hang below the neck.

(6) Students with long hair must tie their hair back in a manner that does not interfere with nursing care procedures or compromise the overall appearance of the uniform. Hairstyles should not be excessive, and hair must be kept neat and tidy.

(7) Students may not wear accessories such as headbands, large or brightly colored hair clips, or tasseled, brightly colored, or patterned headscarves in practice settings.

(8) A watch with a second hand, a wedding band, and small earrings may be worn. Other jewelry and accessories, including large or dangling earrings, nose studs, piercings, necklaces, rings, wristbands, and bracelets, are not permitted.

(9) During practice, male students must keep their beards trimmed short so that they do not interfere with aseptic/antiseptic procedures or nursing care.

(10) Students participating in practice must comply with personal hygiene requirements. Fingernails must be kept short (not extending beyond the fingertips), clean, and well-groomed. Light-colored nail polish may be worn during practice; however, artificial/false nails and permanent nail polish are not permitted.

(11) Shoes worn outdoors must not be worn with the uniform during practice. Students must wear clean, closed-toe and closed-heel, flat, quiet-soled shoes in white, navy blue, or black. White, navy-blue, or black socks must be worn with the uniform. Patterned socks and slippers are not permitted.

(12) The uniform must be worn only in the practice setting and must be kept clean and ironed.

(13) Students are required to wear their student identification cards in practice settings. No badges, signs, or symbols other than the Muğla Sıtkı Koçman University badge may be worn.

(14) For field practice conducted in settings such as Family Health Centers, Community Health Centers, schools affiliated with the Ministry of National Education, home visits, and Social Service Institutions, the uniform or attire to be worn shall be determined by the faculty member responsible for the course according to the characteristics of the practice setting.

The dress code requirements specified in the preceding provisions also apply to field practice. Clothing must be appropriate and must not interfere with care or educational activities carried out in the field.